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The Pulse



St. Agnes Council 15344

Knights of Columbus

"You will be Brothers: Our Vocation to Fraternity"

October 2019

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BEYOND THE ORDINARY

Ordinary. Plain. Simple. Nothing spectacular. Nothing Special. We do not keep note or track of these moments in our lives. It is, as if, we let it slip away into the oblivion. To be precise, ordinary days are not important.

The movie Inside Out artistically demonstrates the inner workings of the mind in handling memory. Memories that are not important are tossed out to make room for more significant memories. Important memories are kept in a safe place from which a person can easily recall that memory.

But ordinary, from a theological perspective, has an equal impact with the significant seasons of the Church such as Advent, Lent, and Easter. Ordinary Time prepares us to be better Christians – better persons in relationship with God and others.

We must remember that faith works in mysterious ways. Faith, hidden in the ordinary, can bring amazement to us. We need to pay attention to these elements and treat the ordinary as an important significance in our faith journey.

I am sharing with you some of the Sunday Gospels during the Ordinary Time that I find significant in my faith journey.

First, Christ taught us the importance of praying to God in a two-way approach (Gospel for Sunday, July 28, 2019). He taught us not only to ask God for what we need, but he also taught us to have God give us what is best for us. He also instilled in us, through praying the Our Father, the importance of humility and mercy. We are asking God to forgive us for our sins. We also ask for His grace to forgive the ones who have hurt us.

Second, Christ taught us to prepare ourselves, both physically and spiritually, to encounter Him either in prayer or in the Mass (Gospel for Sunday, August 11, 2019). Christ is our divine master and He deserves the

(Continued on page 8)



BIRTHDAYS

October

- 6 Andrew Wood
- 7 Ernest Ameral
- 7 Keith Ferrara
- 25 J Benavente
- 25 Jeff McGallian

WIVES' BIRTHDAYS

3 – Colleen Mazzuca (Frank)

10 – Mary Garcia (Carlos)

WEDDING ANNIVERSARIES

Arthur & Mary O'Keefe
- October 23, 1982 (37 yrs)

Richard & Diane Milward

– October 20, 1990 (29 yrs)

Council Officers / Columbian Year 2019-2020

Grand Knight	SK King Bunyi	510-427-3596
Chaplain	Fr. Johnson Abraham	510-557-9845
Deputy Grand Knight	Open	
Chancellor	Open	
Warden	Cheng-Feng Tsai	925-890-0353
Recorder	SK Mike McDermott	925-676-2384
Financial Secretary	Gary Downs	925-825-4409
Treasurer	SK Richard Milward PGK	925-699-5852
Lecturer	Deacon Tony Reyes	925-671-0134
Advocate	SK David Wood PGK	925-458-0888
Inside Guard	Patrick Monahan	925-864-9867
Outside Guard	Wayne Schafer	925-323-6518
One-Year Trustee	SK Carlos Garcia PGK	925-680-2814
Two-Year Trustee	John Wright	925-798-5962
Three-Year Trustee	SK Frank Mazzuca PGK	925-381-5624
Supreme Field Agent	Alex Torres-Esquivel	925-384-9783
District Deputy	SK David Schwartz PGK	510-325-7810

The positions of Deputy Grand Knight and Chancellor remain open.

The only qualification for these positions is that you must be a Third-Degree Knight. For more information, contact GK King Bunyi.



PRAYER INTENTIONS

- Brother Ed Chatterton
- Brother Joaquin Campos
- Brother Neal Campanelli (State Council)
- Brother Ron Artale and his son
- Brother Octavio Padilla
- Brother David Wood's father Stan, daughter Sarah, and brother Hal
- Brother Tom Kisak
- Brother Ray Doorack's son and grandson
- Brother John Wright's brother Larry
- Brothers Claire Tryon and Ed Burgess (Council 6038)
- Brother Gary Down's sister -in-law Julie
- Brother Neil Cuffy
- Deacon Jim Pearce
- Brother Joel Manana special intention
- Health concern for brother Bob McEachran
- Brother Mike's daughter-in -law Josie who is expecting a baby in December, and back surgery in February
- For Zachary Punty (son of brother Mike Punty of QAS) who was seriously injured in a car accident
- Brother Carlos Gutierrez's mother-in-law
- Special intention for Brother King and for his father's conversion
- Brother Daniel Barrington is in Hospice
- Brother Tex asking for Prayers for his sister-in-law Alicia E. Banzos

Supreme Chaplain's Message

TURBULENT TIMES: IN THE FACE OF TRIALS, CHRIST CALLS THE CHURCH TO DEEPER FAITH IN HIS POWER TO SAVE US

When I board an airplane, I hope the flight will be smooth. No matter how much I've flown, I'm nervous when the plane bounces around and the flight attendants are instructed to take a seat for the rest of the flight. Some passengers take the turbulence in stride; others are openly frightened. Still others are equally frightened but try not to show it. I'm in this last category. It wouldn't do for a man wearing a Roman collar to get frantic. Instead, I discreetly pull out my rosary and ask the Blessed Virgin Mary to intercede for the pilot, the crew, and the passengers (including myself). When the plane lands safely, I offer a prayer of thanksgiving.

Turbulence is an unwelcome experience, which causes heart palpitations and can endanger life and limb. But it also serves a purpose. It reminds us that we really are flying 35,000 feet above the earth, and that's not without risk. Better to keep those seat belts buckled! As noted, turbulence is also good for one's prayer life. As a passenger, I'm in the pilot's hands, but I'm ultimately in God's hands: "Jesus, I trust in you!"

The unnerving ups and downs of turbulence also serve as a good metaphor for life itself. As we begin each day, we hope it will be productive and tranquil. We often pray for lives that are calm and undisturbed. Yet, as we utter such prayers, Scripture rings in our ears. For example, in the Gospel of Matthew, Jesus speaks of wars, famines and earthquakes, and he warns of persecution and even death because of his name (cf. 24:6-9). In John's Gospel, the Lord says, "In the world you will have trouble, but take courage, I have conquered the world" (16:33).

We experience turbulence in many ways, both in everyday life and in our life of faith. Sometimes, it's the result of our own folly, as when we betray the trust of others or engage in self destructive behaviors. At other times, such turbulence is not of our own making. Life's journey can be rough due to illness, financial problems, unemployment, marital discord, and controversy of all sorts.

In my life as a priest and bishop, I certainly experience spiritual turbulence. It's not that God's consolations and graces aren't abundant; it's not that the signs of his goodness are lacking. But many of the problems I encounter, especially in this particularly turbulent time for the Church, are deeply distressing.

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MEMBERSHIP ANNIVERSARIES

Robert Vetro

October 6, 1965 (54 yrs)

Vincent Cotter

October 1, 1988 (31 yrs)

James Armstrong

October 8, 2003 (16 yrs)

Richard Milward

October 6, 2004 (15 yrs)

David Wood

October 26, 2004 (15 yrs)

Johnson Abraham

- October 13, 2011 (8 yrs)

Gary Downs

October 8, 2011 (8 yrs)

Keith Ferrara

October 17, 2011 (8 yrs)

Paul Murray

October 1, 2011 (8 yrs)

Daniel Villasenor

October 8, 2011 (8 yrs)

Timothy McGallian

October 15, 2012 (7 yrs)

John Wright

October 15, 2012 (7 yrs)

Virgilio Acma

- October 17, 2016 (3 yrs)

Ernest Ameral

October 15, 2016 (3 yrs)

Noel Asuncion

October 17, 2016 (3 yrs)

Joseph Moniz

October 17, 2016 (3 yrs)

Andrew Wood

October 15, 2016 (3 yrs)

Supreme Chaplain's Message (Continued from page 3)

The Church is in the grip of a global crisis of trust because of clergy sexual abuse and the failures of some bishops. This crisis has shaken the faith of many. Some have stopped going to Sunday Mass; others have left the Church altogether. Corrective measures once deemed effective don't seem to have lessened scandals in the Church.

In the midst of this, what are we to do? Are we simply to grip the nearest pew and hold on tightly? Rather, we need to pray for all we're worth. Sometimes, all I can do is to repeat over and over again: "Jesus, I trust in you!" Both clergy and laity also need to speak their mind about the scandals and do whatever they can to help the Church restore trust and continue its mission of faith, worship, and service.

Just as airline passengers see turbulence as a bad thing, we usually recognize life's problems as bad. But turbulence in our Church and in our personal lives also serves a purpose. It reminds us that we are not fully in charge. It reminds us that we need to pray and express in faith our dependence upon God. It builds up perseverance.

And it also confirms the need to change course, to take corrective actions — not looking for the smooth air of untroubled comfort but for a pathway of truth and courage through present trials. Ultimately, the air, or wind, we must seek is divine — the Holy Spirit, who carries us to everlasting life.

Archbishop William E. Lori Supreme Chaplain

Reprinted from Columbia Magazine - September 2019



UPCOMING DEGREES

Admission (1st) Degree:

 None scheduled – Watch for email announcements or check council calendar: www.koc15344stagnes.org

Formation (2nd) Degree:

 None scheduled – Watch for email announcements or check council calendar: www.koc15344stagnes.org

Knighthood (3rd) Degree:

 None scheduled – Watch for email announcements or check council calendar: www.koc15344stagnes.org

Patriotic (4th) Degree:

Saturday, October 19

 Cathedral of St. Mary of the Assumption, San
 Francisco. Here is the info packet for current 4th
 Degree Sir Knights. Here is the info packet for candidates.

Council Calendar of Events

October 3	Knights Adoration Hour, 5 PM, Chapel.
October 4	First Friday Dinner, 5:30 PM, Church Hall.
October 5	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
October 5-6	Crab & Tri-Tip Dinner ticket sales after all Masses.
October 7	Council Officers Meeting, 7 PM, Ministry Center.
October 9	Todos Santos Assembly Meeting, 7:30 PM, St. John Paul II Room, St. Francis of Assisi Church. Dinner served at 6:30 PM, followed by Rosary at 7 PM.*
October 10	Knights Adoration Hour, 5 PM, Chapel.
October 12	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
October 12-13	Crab & Tri-Tip Dinner ticket sales after all Masses.
October 13	Pancake Breakfast, after 9 and 11 AM Masses, Church Hall.
October 17	Knights Adoration Hour, 5 PM, Chapel.
October 19	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
October 19	129th Exemplification of the Fourth Degree, Cathedral of Saint Mary of the Assumption, San Francisco (see "Upcoming Degrees" at left).
October 19	Crab & Tri-Tip Dinner, after 5 PM Mass, Church Hall (see attached flyer).
October 21	Council Business Meeting, 7:30 PM, Church Hall. Dinner served at 6:30 PM dinner, followed by Rosary at 7 PM.
October 24	Knights Adoration Hour, 5 PM, Chapel.
October 26	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
October 31	Knights Adoration Hour, 5 PM, Chapel.

^{*} Fourth Degree Knights only may participate in this event.



SAINT OF THE DAY

- 1 St. Thérèse of the Child Jesus, Virgin and Doctor
- 2 Guardian Angels
- 4 St. Francis of Assisi
- 5 Blessed Francis Xavier Seelos, Priest
- 6 St. Bruno, Priest or Blessed Marie Rose Durocher, Virgin
- 7 Our Lady of the Rosary
- 9 St. Denis, Bishop and Companions, Martyrs or St. John Leonardi, Priest
- 11 St. John XXIII, Pope
- 14 St. Callistus I, Pope and Martyr
- 15 St. Teresa of Jesus, Virgin and Doctor
- 16 St. Hedwig, Religious or St. Margaret Mary Alacoque, Virgin
- 17 St. Ignatius of Antioch, Bishop and Martyr
- 18 St. Luke the Evangelist
- 19 Sts. Jean de Brébeuf, Isaac Jogues, Priests and Martyrs; and their Companions, Martyrs
- 20 St. Paul of the Cross, Priest
- 22 St. John Paul II, Pope
- 23 St. John of Capistrano, Priest
- 24 St. Anthony Mary Claret, Bishop
- 28 St. Simon and St. Jude, Apostles

Field Agent's Message

REAL LIFE STORIES

A field agent like me who is lucky enough to be doing this great work for even a few years, undoubtedly has a personal story of the chaos and disorder that a devastated family stares at when there is a sudden loss. If our goal is to protect Catholic families from the near devastation that our Venerable founder faced, then I have to tell the story of how I can help my brother knights. The process of making sure one has adequate protection for the family is not painful; in fact since we are Brother Knights serving Brother Knights, it is often a time of not only helping to protect all that is important to a family, but also a shared experience that leads to an abiding friendship.

There are two stories I'd like to relate.

The first is about a young boy named Julius. When Julius was 7 years old his mother, Irene, who was 37, died of cancer. His father, Norman, had two teenage girls along with 7-year-old Julius to support and raise. The family was forced to rely on the help and generosity of friends and relatives because Irene died without life insurance. Norman had a three-hour commute to his job, but always supported his children's activities. Julius excelled at sports, especially football, and his dad spent what little free time he had fostering Julius and his talent. Julius later admitted that he "was handed a life lesson early, growing up with one parent. It wasn't the easiest life—my dad sacrificed a lot."

Fast forward to Julius some 30 years later and he is married, has a wife and two children. He's done quite well for himself both professionally and financially. He has had a distinguished career and he has a considerable amount of life insurance to protect his family. Julius understands protection quite well after the early life he experienced. He understands the hardships of a family that loses a parent and what the children must go through. In his professional life he enjoyed considerable success because of those that protected him. For 13 years he was protected in his career. You see that protection for Julius came in the form of 300-pound offensive linemen...nobody called him Julius. His nickname was "Boomer"...Boomer Esiason—a four time Pro Bowler, an NFL Most Valuable Player and a Walter Peyton NFL Man of the Year. Most importantly, a husband to Cheryl and a father to Sydney and Gunnar.

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Gilbert Donald Chavez

November 10, 1934 ~ September 11, 2019



Through support of the Christian Brothers, Brother Gilbert received scholarships to attend both St. Mary's College High School, Berkeley and St. Mary's College where he earned a Bachelor of Arts degree.

He met and married the love of his life, Sally Grace, after a chance meeting where each worked at the Sixth Street Market in Oakland – Sally at Tilley's Café and Gilbert on register for the groceteria.

Gilbert is survived by his wife Sally, five children, 18 grandchildren, and 4 great grandchildren. Gil and Sally had a full and wonderful life that spanned over 63 years as together.

In honor of the life and service of Gilbert Chavez, donations can be made in his memory to St. Mary's College High School in Berkeley or St. Mary's College of California in Moraga. Field Agent's Message (Continued from page 6)

"Life happens at the most unexpected of times, and life insurance is about protecting the future and the people you love," Boomer says. "Remember, if something happens and you haven't done the planning, the people you leave behind will feel the brunt of your mistakes." That story comes from LifeHappens.org.

The other story is not similar at all. It's about a member of the Knights of Columbus. He passed away recently and like in Boomer's family, left behind a spouse and several young children. There were no whispered worries at the funeral home. There was no GoFundMe page to raise money. There is no concern that the children will not go to college or that the wedding he promised his daughter will not take place. No, their home and future are secure. Who was that Knight? I don't know; you don't hear about those men. Because the council didn't have to have a spaghetti dinner or pass the hat. But I assure you he was out there. But you'll never know it...because he planned.

Let's sit down and do some planning and put your mind at ease.

Vivat Jesus!

Alex Torres-Esquivel
Supreme Field Agent

925-384-9783 Alex.torres-esquivel@kofc.org



NEW KNIGHTHOOD DEGREE MEMBERS

On September 14, three more members of our Council completed their Knighthood Degree, concluding their journey to full Knighthood in our Order. When you see them, please be sure to congratulate Brothers:

- Pat Monahan,
- Arul Money, and
- Isidore Money

Grand Knight's Corner (Continued from page 1)

utmost respect. We should set aside our worries from our daily grind when we are with Him. Settling down before prayer and Mass is a good step in preparing ourself as we encounter God in prayer.

Third, Christ taught us that following and believing Him is not easy (Gospel for Sunday, August 25, 2019). He has given us a free-will to follow him or not. But once we have chosen Him to be in the center of our lives, it entails sacrifice. Our journey with Christ may not be easy. Temptations are stronger. However, with faith in Christ through good works and prayers, our journey with God will be at ease.

The ordinary can be of significance, especially in our faith. We have the choice of paying attention or not to what we sense every day. I challenge you to see the ordinary beyond its perceived limits. See the hidden aspects beyond the ordinary. You will sense that ordinary is special.

SK King Bunyi

Grand Knight





The Knigh of Columbus St. Agnes Council 15344 **PRESENTS**



FIRST FRIDAY DINNER

OCT 04

5:30 PM TO 6:30PM



at St. Agnes Church Hall TICKETS:

> \$10 FOR ADULTS \$5 FOR KIDS AGES 4 TO 12 FREE FOR KIDS AGES 3 AND UNDER

\$2 FOR A RAFLLE TICKET TO WIN A \$25 GIFT CARD FROM BUTTERCUP DINNER

For details contact King Bunyi at (510) 427-3596 or email at enrico_bunyi@yahoo.com





Dear Parishioners,

St. Agnes Parish Catholic Community and St. Agnes Council 15344 of the Knights of Columbus are pleased to offer you and your family the opportunity to purchase engraved memorial bricks to be placed in front of the Parish's new *Memorial to the Unborn*, which will be located next to the statue of Mary.

The *Memorial for the Unborn* will become an important part of our Parish's history and a lasting tribute for loved ones and the engraved memorial bricks are a special way to honor your children, grandchildren, parents, special friends, as well as memorialize your loved ones.

The cost of each 4"x 8" brick is just \$50 and includes your personalized message of up to three lines engraved using state -of-the-art laser technology, ensuring long-lasting strength and durability in the engraving. Ordering is three easy steps...

STEP 1: Create the message for your brick:

- ◆ You may use any combination of lower and UPPER case letters.
- ◆ Bricks may contain up to three lines of 20 characters per line.
- ◆ Character count includes all letters, numbers, punctuation, and spaces.
- ◆ The example below has a total of 19 characters (15 letters, 1 punctuation mark, and 3 spaces.)

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	Example –	十	h	е		R			S	m	i	+	h		F	а	m	i	l	Ч	
Please	Line 1 –																				
print	Line 2 –																				
clearly	Line 3 –																				

STEP 2: Fill-in your information:

Name:	Phone:					
Address:	Email:					
City, State, Zip:						

STEP 3: Mail this form and your check:

Please make your check (\$50 per brick*) payable to *Knights of Columbus Council 15344* and mail with this order form to: Gary Downs, 1756 Bishop Dr., Concord, CA 94521-2022. (*Each brick requires a separate order form.)

- ◆ We will submit all brick orders for engraving at one time once we have received orders for 100 bricks.
- ◆ We will use your phone/email only for keeping you informed of progress or if we have questions.

For questions contact: Carlos Garcia, 925-250-8969 or cmgarcia@astound.net